

Sometimes you just need to be pointed in the right direction.



PeopleSense is here for you, your family, and your counselling needs

- FREE, professional counselling from qualified psychologists.
- Gain practical strategies to help any personal or work-related issues.
- 100% private and confidential.
- Accessible face-to-face or remotely via telephone or internet video.
- Available 24/7/365 for emergency crisis counselling.



AUS 1300 307 912
or +61 8 9388 9000
NZ +64 4886 3160 IN +61 8 9388 9000

Book your EAP session online at
[www.altius-group.com.au/services/
employee-assistance-program/](http://www.altius-group.com.au/services/employee-assistance-program/)





Spending too much time together?

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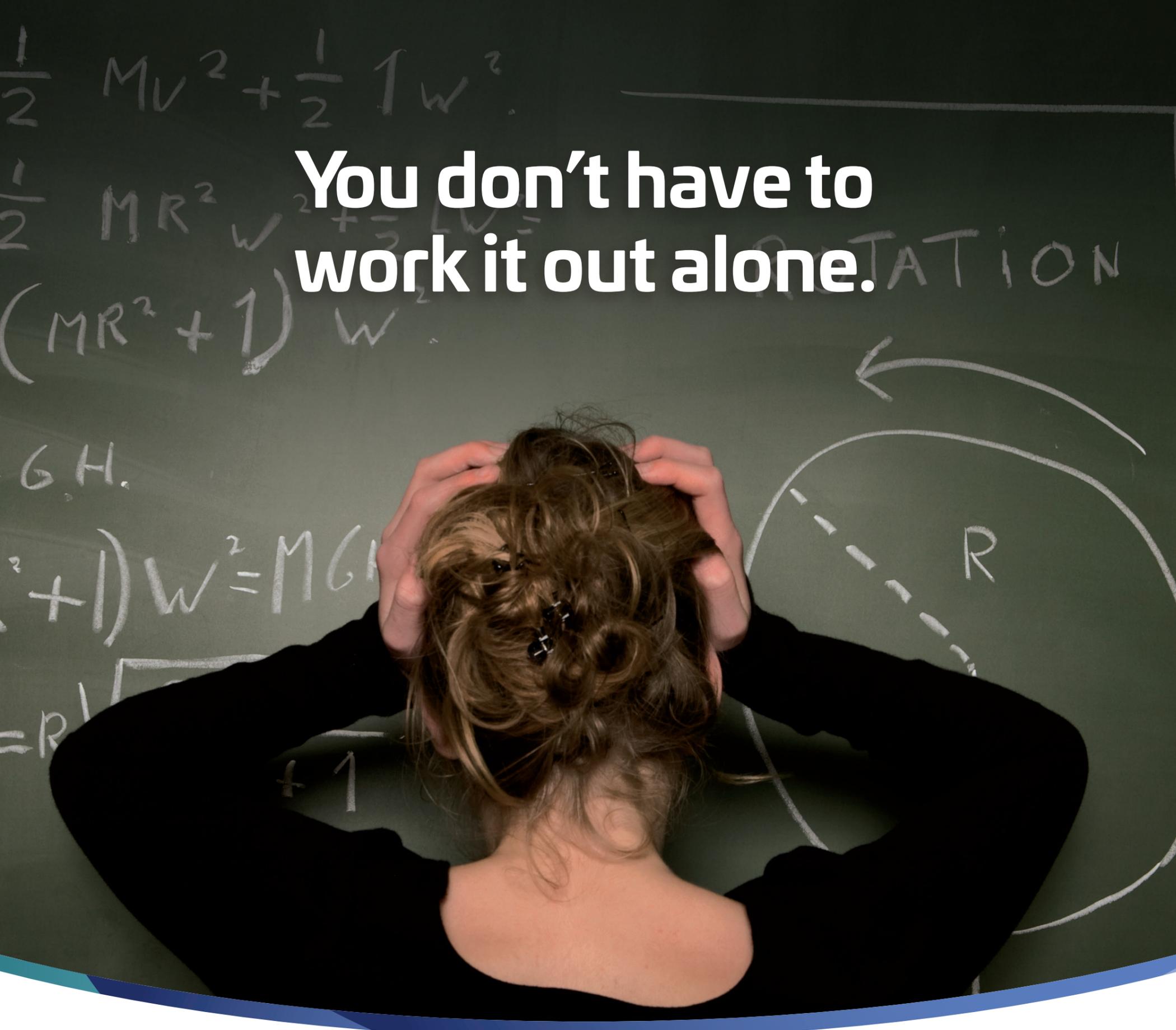


Feeling blue?

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**You don't have to
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Having trouble connecting?

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How well is your wellbeing?

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